

MCAC_Meadowvale_unpaved_2017

14.6 kilometers

| Leg | Dir | Type | Notes | Total |
|-----|-----|----------|--|-------|
| | → | Right | Turn right on trail from Freshco plaza | 0.1 |
| 0.2 | ← | Left | After crossing Windwood, keep making left turns until bridge over Winston Churchill Blvd | 0.3 |
| 0.7 | ↑ | Straight | Cross Winston Churchill at bridge. Then follow trail north | 1.0 |
| 0.6 | ← | Left | At 4 way intersection, Turn left to stay Trail | 1.6 |
| 0.2 | → | Right | Turn right onto Millers Grove | 1.8 |
| 0.1 | → | Right | Cross Tours Rd, then veer right to continue on trail | 1.9 |
| 0.1 | ← | Left | Behind school, turn left towards park | 2.0 |
| 0.1 | ← | Left | Turn left at north end of playground, then follow trail north | 2.1 |
| 0.5 | ↑ | Straight | Cross Battleford using bridge | 2.6 |
| 0.8 | → | Right | At Aquitaine, quick right then left to use bridge to cross | 3.4 |
| 0.3 | ← | Left | Turn left onto Plum Tree Crescent for short distance, then left to continue on trail | 3.7 |
| 0.2 | → | Right | Turn right to stay on Milgrove Trail | 3.9 |
| 0.1 | ↑ | Straight | At end of trail, continue onto Danton Promenade | 4.0 |
| 0.3 | ↑ | Straight | Continue across Derry at traffic lights | 4.3 |
| 0.5 | ← | Left | Turn left onto Aspen Ave | 4.8 |
| 0.6 | → | Right | Turn right onto Bayberry Dr | 5.4 |
| 0.3 | ↑ | Straight | Continue across Winston Churchill Blvd onto Crosscurrent Dr | 5.7 |
| 0.1 | ← | Left | Turn left onto Gulfstream Way | 5.8 |
| 0.7 | ↑ | Straight | Continue into Windrush Woods on trail | 6.5 |
| 0.3 | ↑ | Straight | Exiting woods, continue straight onto Millcreek Dr | 6.8 |
| 0.7 | → | Right | Turn right onto Derry Rd MUT (south side) | 7.5 |
| 0.4 | ← | Left | At footbridge overpass, turn left onto trail, then sharp right to cross bridge over Derry Rd | 8.0 |
| 0.2 | ← | Left | After crossing bridge, keep left | 8.2 |
| 0.4 | → | Right | Behind St Richards school, follow trail around loop to return back towards bridge on same path | 8.6 |
| 0.7 | ↑ | Straight | After crossing bridge, continue south on trail crossing Gananoque Dr | 9.3 |
| 0.4 | → | Right | Keep right to enter woods | 9.7 |
| 0.1 | ← | Left | Keep left until exiting woods. | 9.9 |
| 0.1 | → | Right | After exiting woods, turn right to stay on Maplewood Park Pathway | 9.9 |
| 0.0 | → | Right | Sharp right to stay on Maplewood Park Pathway | 10.0 |
| 0.3 | ↑ | Straight | Take underpass under Aquitaine Ave. Then keep to left to keep Lake Aquitaine on your right | 10.3 |
| 1.2 | ← | Left | After crossing wooden bridge at south end of Lake Aquitaine, Ttrn left to continue south on trail | 11.5 |
| 0.4 | ← | Left | At Plowman's park (after Battleford tunnel), turn left on trail, keeping soccer fields on your right | 11.9 |
| 1.0 | ← | Left | After crossing Montevideo Dr and going through woods, turn left to keep Lake Wabukayne on your right | 12.9 |
| 0.5 | → | Right | At fork near south end of lake, Keep right to follow trail down hill towards lake. | 13.3 |
| 0.2 | ← | Left | After sightseeing platform, Turn left to stay on Lake Wabukayne Trail towards Glen Erin Dr | 13.5 |
| 0.1 | → | Right | Keep right to stay on Lake Wabukayne Trail | 13.6 |
| 0.2 | → | Right | After Glen Erin tunnel, veer right to climb steep short hill (gear down) | 13.8 |
| 0.3 | ← | Left | At Windwood Park (playground on left), Turn left on trail | 14.1 |
| 0.3 | ← | Left | After crossing Windwood Dr, turn left to re-enter plaza | 14.4 |

Ride With GPS · <https://ridewithgps.com>