

MCAC_Heartland_2017_30 km

31.0 kilometers

Leg	Dir	Type	Notes	Total
	→	Right	Turn right onto River Grove Ave	0.2
0.3	←	Left	Turn left onto Willow Way	0.5
0.5	↑	Straight	Continue across Creditview onto Torrington Dr	0.9
0.3	→	Right	Turn right onto Whitehorn Ave	1.3
0.2	←	Left	Turn left onto Loonlake Ave	1.5
0.6	←	Left	Turn left onto Blueheron Blvd	2.1
0.7	←	Left	Turn left onto Terry Fox Trail	2.8
1.0	→	Right	Turn right onto Matheson Blvd W	3.8
1.6	↑	Straight	Continue past first intersection of Keaton Cres	5.4
0.3	→	Right	Turn right at second intersection of Keaton Cres	5.7
0.8	↑	Straight	Continue across Matheson onto Chedworth Way	6.5
0.8	←	Left	Turn left onto Falbourne St	7.3
0.1	↑	Straight	Continue across Britannia onto Freemont Blvd	7.4
0.5	←	Left	Turn left onto Cantay Rd	7.9
0.5	→	Right	Turn right onto McLaughlin Rd	8.5
0.8	→	Right	Turn right onto Courtneypark Dr W	9.3
1.1	→	Right	Turn right onto Kateson Dr	10.4
0.3	←	Left	Turn left onto Prologis Blvd	10.7
0.3	↑	Straight	Continue across Hurontario onto Annagem Blvd	11.0
0.3	←	Left	Turn left onto Edwards Blvd	11.3
2.4	←	Left	Turn left onto Topflight Dr	13.7
0.3	←	Left	Turn left onto Hurontario St	14.0
0.2	→	Right	Turn right into commercial driveway.	14.2
0.2	←	Left	Turn left onto Derrycrest Dr	14.4
0.5	↑	Straight	Continue across Derry onto Maritz Dr	15.0
1.4	→	Right	Turn right onto Courtneypark Dr W	16.3
1.1	→	Right	Turn right on McLaughlin Rd	17.4
0.9	→	Right	Turn right onto Ramonet Dr	18.3
0.2	←	Left	Turn left onto Golden Hills Way	18.5
0.3	←	Left	Turn left onto Arrowsmith Dr	18.8
0.2	↑	Straight	Continue across McLaughlin onto Novo Star Dr	19.0
0.7	↑	Straight	Continue across Mavis onto Crawford Mill Ave	19.7
0.3	←	Left	Turn left onto Gooderham Estates Blvd	20.0
0.2	→	Right	Turn right onto Silverthorn Mill Ave	20.2
0.5	→	Right	Turn right onto 2nd Line W	20.7
0.6	←	Left	Turn left onto Old Derry Rd	21.3
0.4	←	Left	Turn left onto Historic Trail	21.7
0.1	←	Left	Turn left into parking lot to trail	21.8
0.0	↑	Straight	Continue onto trail	21.8
0.2	→	Right	After soccer field, veer right at fork	22.0
0.1	←	Left	Turn left onto Early Settler Row	22.1
0.6	←	Left	Turn left onto Lamplight Way	22.7
0.2	→	Right	Turn right onto 2nd Line W	22.9
0.1	←	Left	2nd Line W turns left and becomes Sombrero Way	22.9
0.3	→	Right	Turn right onto Harmony Hill	23.2
0.4	←	Left	Turn left onto Jazzy Mews	23.6
0.3	↑	Straight	Continue onto Opera Glass Crescent	23.9

Leg	Dir	Type	Notes	Total
0.7	→	Right	Turn right onto Nimbus Gate	24.5
0.1	→	Right	Turn right onto Sombrero Way	24.6
0.3	↑	Straight	Continue across Mavis onto Courtneypark Dr W	24.9
0.8	→	Right	Turn right onto McLaughlin Rd	25.7
0.8	→	Right	Turn right onto Cantay Rd	26.5
0.7	↑	Straight	Continue across Mavis onto Bancroft Dr	27.2
2.2	↑	Straight	Continue across Creditview onto Sir Monty's Dr	29.4
0.3	←	Left	Turn left onto Tillsdown Dr	29.7
0.4	↑	Straight	Continue onto River Grove Ave	30.1
0.7	→	Right	Turn right onto Riverdale Crescent	30.8

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